



# PRINCIPLE 2: NATURE USES ONLY THE ENERGY IT NEEDS

## How can we learn economization from nature?



Erasmus+



### AGE RANGE

11–13



### DURATION

**Preparation:**  
about 20 min.

**Activity:**  
about 45 min. / 1 lesson



### KEYWORDS

Biomimicry principles;  
function; energy

## SUMMARY

Nature does not waste energy. How can we notice this in nature? In this module we explore how nature uses energy.

## BIOMIMICRY PRINCIPLES



2 – Nature uses only the energy it needs

## LEARNING OBJECTIVES

- Students understand the importance of energy within nature.
- Students understand that nature does not create waste.
- Students understand they are an interconnected part of nature.

## LEARNING OUTCOMES

- Students investigate forms of energy in nature.
- Students research about energy efficiency in nature.
- Students search examples of energy from different habitats and from their previous experience.

## SUBJECT(S)

This module is part of a series of modules introducing the nine principles of biomimicry. The table below shows possible KS3 Programme of Study links for all the modules. Many of the activities will also be suitable for upper KS2.

This learning module can be used flexibly within the curriculum to support key knowledge about Biology and develop working scientifically competences. The learning links with the Sustainable Development Goals and provides a broader context for student learning. It is suitable for adapting as a STEM activity or Eco Club.

### Programme of Study Reference

#### **Biology:**

##### Material cycles and energy - Photosynthesis

- the reactants in, and products of, photosynthesis, and a word summary for photosynthesis.
- the dependence of almost all life on Earth on the ability of photosynthetic organisms, such as plants and algae, to use sunlight in photosynthesis to build organic molecules that are an essential energy store and to maintain levels of oxygen and carbon dioxide in the atmosphere.
- the adaptations of leaves for photosynthesis.

##### Interactions and interdependencies – Relationships in an ecosystem

- the interdependence of organisms in an ecosystem, including food webs and insect pollinated crops.
- how organisms affect, and are affected by, their environment, including the accumulation of toxic materials.

##### Genetics and evolution – Inheritance, chromosomes, DNA and genes

- changes in the environment may leave individuals within a species, and some entire species, less well adapted to compete successfully and reproduce, which in turn may lead to extinction.
- the importance of maintaining biodiversity and the use of gene banks to preserve hereditary material.

### Working Scientifically

Students successfully completing this module will have had the opportunity to access these statements:

**2a, 2b, 3b, 3c, 3d, 3f.**

See [Annex 1](#) for full statements.

## BIOLEARN COMPETENCES

- Students are able to abstract principles of sustainability from the way the natural world functions.
- Students are able to identify functional design in nature, develop greater awareness and appreciation for design excellence in nature, and appreciate how nature works as a system which is elegant and deeply interconnected.
- Students are able to use analogical creativity to innovate, using biological models to inspire solutions to design challenges.
- Students are able to work in groups.
- Students are more motivated in learning STEAM and experience that knowledge of STEAM can be widely used.

## SUMMARY OF THE ACTIVITIES

	Activity Name	Short description	Method	Duration	Location
1	Introduction	Presenting the principle <a href="#">9_principles.ppt</a>	<ul style="list-style-type: none"> <li>• Teacher presentation</li> <li>• Discussion</li> </ul>	10	Indoor
2	Searching for energy forms	Searching for examples of energy usage in nature	<ul style="list-style-type: none"> <li>• Observation</li> </ul>	25	Outdoor, best in sunshine
3	Review	Discussion after the activity	<ul style="list-style-type: none"> <li>• Discussion</li> </ul>	10	Indoor/ outdoor

## BACKGROUND FOR TEACHERS

See at Activity 1: Introduction.

For interconnections see *Nine Principles of Biomimicry* module.

### **Health and Safety**

*Appropriate consideration needs to be given to health and safety when working outdoors, but this should not prohibit regular use of the outdoor learning environment.*

*For guidance on using the outdoor learning environment review the Council for Learning Outside the Classroom suggestions on [Plan and Deliver](#). CLEAPSS also provides guidance for members. We recommend you read and act on [L196 – Managing Risk Assessment in Science](#). Finally, check your school policy on learning outside the classroom.*

*The Institute for Outdoor Learning provides a good overview into the risks and benefits of outdoor learning [here](#). They also offer specific guidance and advice for schools [here](#).*

ACTIVITY DETAILS



**LOCATION**  
Indoor

1 | INTRODUCTION

» QUESTION



**TOOLS AND MATERIALS**

• [9\\_principles.ppt](#); 3<sup>rd</sup> slide

Present the slide about Principle 2: [9\\_principles.ppt](#), slide 3.



**PREPARATIONS**

Arrange classroom for presentation and discussion.

*Nature takes only what it needs. So why do we not do the same? Our economy is focused on maximizing output and is a big energy consumer. We transport food around the world because that is economically cheaper. Only money seems to count in a lot of decisions, not our energy consumption and the impact this has on the natural world. How can we learn to optimize the performance of goods and services to sip energy rather than gulp it?*



**RESOURCES**

Benyus, J. M. (2002):  
*Biomimicry – Innovation inspired by nature*. HarperCollins  
Publisher, New York, U.S.A.

Explanation to [9\\_principles.ppt](#), 3<sup>rd</sup> slide:

Animals only take the nutrients they need; plants do not absorb more water than is necessary. The hamster stores as much grain as it needs over the winter; likewise, the squirrel collects sufficient hazelnuts for winter food. And if there are any seeds leftover, they become food for another animal or grows into a new tree.

The cheetah can run very fast, but only for a short distance. If catching the prey means using more energy than it puts into running, it stops running.

Predators only kill sufficient prey to meet their needs, leaving others for future meals. The wolf, for example, cannot eat a whole deer so it buries it to return and consume more later. Most people in society buy much more meat than they can consume. How much meat is stored unnecessarily in freezers? What will happen to it? How much energy and materials were necessary to produce this meat and how much energy needed to store it?

Migratory birds fly in a V-shape which creates an airflow that acts as a buoyancy force for the next bird, thereby maintaining speed and altitude with less effort. The V-shape helps birds save energy.

ACTIVITY DETAILS



**LOCATION**  
Outdoor

2 | SEARCHING FOR ENERGY FORMS

» DISCOVER 



**TOOLS AND MATERIALS**

- Student worksheet: [W2.1](#)
- Teacher's page: [T2.1](#)

This activity provides students practice using analogical reasoning for bio-inspired engineering outdoors. The activity can use cards with any functions, but in this case we will use cards with energy and energy efficiency attributes ([W2.1](#)).



**PREPARATIONS**

This activity can be made anywhere outdoors. The more natural the environment the better.

Cut [W2.1](#) into cards.

Go outside and form groups of 2–3 students. Give each group a card with an attribute. Their task will be to find an object in nature with the attribute about energy. At the beginning search for objects together, and then allow students to search freely for the attribute(s) on their card(s). Some possible answers can be found in [T2.1](#).

After each group finds an object, they show each other what they have found. Ask them think and talk about energy efficiency in nature.



**RESOURCES**

Stier, S. (2014): *Engineering Design Inspired by Nature*. The Center for Learning with Nature, Coralville, U.S.A. <https://www.learningwithnature.org/>



**LOCATION**  
Indoor / Outdoor

3 | REVIEW

» QUESTION 



**PREPARATIONS**

Arrange classroom for discussion.

After the activity above talk with students about the principle:

- What forms of energy did you find in nature? Were they flows or stores of energy?
- What does energy efficiency mean in nature?
- Think about the principle itself; have you noticed any creature wasting energy (besides humans)?

## T2.1 SEARCHING FOR ENERGY FORMS

### Possible solutions

- Generate energy: \_\_\_\_\_ sun
- Power without pollution: \_\_\_\_\_ leaves
- Insulate: \_\_\_\_\_ wood, fur
- Collect sunlight: \_\_\_\_\_ leaves
- Store energy: \_\_\_\_\_ seeds, fat of animals
- Cool down: \_\_\_\_\_ sand
- Withstand wind: \_\_\_\_\_ trees
- Transfer energy: \_\_\_\_\_ streams, rivers
- Warm up: \_\_\_\_\_ reptilians
- Reflect the sunshine: \_\_\_\_\_ water surface
- Slow down vital process (before winter): \_\_\_\_\_ some mammals
- Collect energy (different ways): \_\_\_\_\_ soil, trees, animals

## W2.1 SEARCHING FOR ENERGY FORMS

Cards for exploration

  
**Generate  
energy**  
**Power  
without  
pollution**  
**Insulate****Collect  
sunlight****Store  
energy****Cool down****Withstand  
wind****Transfer  
energy****Warm up****Reflect the  
sunshine****Slow down  
vital process  
(before winter)****Collect  
energy  
(different ways)**

## ANNEX 1

### Key Stage 4 Working Scientifically Statements

Through the content across all three disciplines, students should be taught so that they develop understanding and first-hand experience of:

- 
- 1. THE DEVELOPMENT OF SCIENTIFIC THINKING**
- a. the ways in which scientific methods and theories develop over time
  - b. using a variety of concepts and models to develop scientific explanations and understanding
  - c. appreciating the power and limitations of science and considering ethical issues which may arise
  - d. explaining everyday and technological applications of science; evaluating associated personal, social, economic and environmental implications; and making decisions based on the evaluation of evidence and arguments
  - e. evaluating risks both in practical science and the wider societal context, including perception of risk
  - f. recognising the importance of peer review of results and of communication of results to a range of audiences
- 
- 2. EXPERIMENTAL SKILLS AND STRATEGIES**
- a. using scientific theories and explanations to develop hypotheses
  - b. planning experiments to make observations, test hypotheses or explore phenomena
  - c. applying a knowledge of a range of techniques, apparatus, and materials to select those appropriate both for fieldwork and for experiments
  - d. carrying out experiments appropriately, having due regard to the correct manipulation of apparatus, the accuracy of measurements and health and safety considerations
  - e. recognising when to apply a knowledge of sampling techniques to ensure any samples collected are representative
  - f. making and recording observations and measurements using a range of apparatus and methods
  - g. evaluating methods and suggesting possible improvements and further investigations
- 
- 3. ANALYSIS AND EVALUATION**
- a. applying the cycle of collecting, presenting and analysing data, including:
    - i. presenting observations and other data using appropriate methods
    - ii. translating data from one form to another
    - iii. carrying out and representing mathematical and statistical analysis
    - iv. representing distributions of results and making estimations of uncertainty
    - v. interpreting observations and other data, including identifying patterns and trends, making inferences and drawing conclusions
    - vi. presenting reasoned explanations, including relating data to hypotheses
    - vii. being objective, evaluating data in terms of accuracy, precision, repeatability and reproducibility and identifying potential sources of random and systematic error
  - b. communicating the scientific rationale for investigations, including the methods used, the findings and reasoned conclusions, using paper-based and electronic reports and presentations
-

---

**4. VOCABULARY, UNITS,  
SYMBOLS AND  
NOMENCLATURE**

- a. developing their use of scientific vocabulary and nomenclature
  - b. recognising the importance of scientific quantities and understanding how they are determined
  - c. using SI units and IUPAC chemical nomenclature unless inappropriate
  - d. using prefixes and powers of ten for orders of magnitude (e.g. tera, giga, mega, kilo, centi, milli, micro and nano)
  - e. interconverting units
  - f. using an appropriate number of significant figures in calculations
-